

Personalized Race Information: June 27 Lift Bridge Road Races

We're ready for you and hope you're excited for the Lift Bridge Road Races this Saturday, June 27. Please READ CAREFULLY. If you don't see it here (we'd be surprised!), check out the [Race Info](#) on the website.

Bib numbers can be looked up alphabetically by last name when you arrive at packet pickup.

Packet Pickup

You have two options....

Friday from 3:00 to 8:00 p.m. at the [Water Street Inn, 101 Water Street, downtown Stillwater](#) This is a **CHANGE** from previous years. Friday packet pickup is highly recommended.

Saturday, beginning at 5:20 a.m. at [Lift Bridge Brewing, 1900 Tower Drive, Stillwater](#)

FYI, In-Person registration is available both Friday and Saturday at packet pick up.

PERKS! A free beer from Lift Bridge Brewery, your shirt, finisher medal, race support, finish area recovery food, and more.

We "pack" packet pickup with all kinds of race information.

- Check out the course maps
- See where you'll catch the shuttle
- Get fit at the **Saucony shoe demo**, hosted by [Wild River Running](#) (Friday only) – Stillwater's own local running store. They'll be featuring the Saucony *Endorphin Speed 5* onsite Friday outside in front of the Water Street Inn.

In-Person Registration and Will Call

Registration is available at packet pickup for any buddies who decide to join you at the last minute. In addition, Will Call registration is available online until noon Friday, June 28. See the website for details.

Changing Your Distance

You may change your distance at packet pick up. Grab your bib **first**, then check in with us at the "In-Person Registration and Changes" table to make the switch. If (and only if) you received your bib in the mail, a quick email to us will do the job too. There is no charge to go down in distance. You'll just pay the difference to move up in distance.

Saucony Shoe Demo Friday

Wild River Running and Saucony will be outside the Water Street Inn main entrance during Friday's packet pickup from 3:00–6:00 PM! Look for the tent on the corner.

Stop by the tent, chat running, and test-run some of Saucony's latest performance shoes, including the Endorphin Speed 5 and Azura, and learn what makes these shoes different and special.

Need gels, socks, Body Glide, or a last-minute race-day upgrade? Wild River Running is located at 224 Chestnut Street East in downtown Stillwater, and will extend their hours on race-weekend:

- Friday: 10:00 AM–8:00 PM
- Saturday: 8:00 AM–5:00 PM
- Sunday: 12:00 PM–4:00 PM

In town early? Join Wild River Running's free Friday morning group run at 6:30 a.m. from the store to shake out your legs before race day.

Get expert advice from runners who train on these roads, know the course, and are ready to help you toe the line in Stillwater!

Race Day Information

Parking and Where to Go When You Arrive

Lift Bridge Brewing Company is located in a commercial business district. Parking the morning of the race is available in the surrounding area. We recommend parking south of the brewery between Tower Drive and Hwy 36. [See map for details](#). Please obey ALL parking restrictions and postings and be aware of businesses that may be open on Saturdays.

ALL RUNNERS MUST TAKE THE SHUTTLE

No drop-offs. Shuttles load on Northwestern Ave. and Tower Dr., east of the Brewery. As you exit the brewery facility, go left (east) to catch your bus. Buses are marked with each start area. Check before you board. Shuttle times are:

Half and 10 Mile – 5:45 to 6:40 SHARP

10K and 5K – 5:45 to 6:45 SHARP

Start areas can get congested and many are in residential areas. **Please!** Take the bus to avoid congestion and start-time delays. If you live in the vicinity of your start area, you're welcome to walk to the start line.

Start Times – ATTENTION!

7:00 a.m. sharp – Half Marathon and 10 Mile

7:15 a.m. sharp – 10K and 5K

Bag Drop

Bag Drop is available *when you get to* the start areas

- Bags are provided at each start location and are clear, 15" x 18"
- All Bag Drop items must fit in the clear bag provided
- Race bibs have a tear-off tag with your bib number to be used for Bag Drop
- Place the Bag Drop tag **INSIDE** the clear bag so it is **VISIBLE**
- **SECURELY** tie the bag closed
- Your race bib and Bag Drop tag must match to pick up your items
- Bag Drop pick-up begins **no earlier than 7:45 a.m.** to allow for sorting
- Run Stillwater, Inc. is not responsible for lost or damaged items left in Bag Drop

Course Information

All courses are USA Track & Field (USATF) certified and sanctioned. All results will be sent to USATF and the Minnesota Distance Running Association (MDRA)

Aid Stations

Aid stations are located every two miles, based on the half marathon course and are marked on the course maps. Gatorade and water are provided along with basic first aid supplies.

Toilets are available throughout the course, at or near aid stations.

Finish Area Information

The finish line is on Tower Drive at Lift Bridge Brewing Company.

Post-race refreshments – including bottled water, Gatorade, bananas, oranges and salty snack – are available for runners.

Lift Bridge Brewing will be serving tap beer throughout the morning with nonalcoholic options available, including Lift Bridge Root Beer. In addition, a food truck will be onsite with additional food options available for purchase. For coffee lovers, there is a Caribou coffee within walking distance just south of the finish line location.

Finish line photos are available to download free on our Facebook page following the race and on the Mtec Results website along with your race results. Photo ops at the finish also include a timing clock showing your name and time and a banner backdrop for additional photo opportunities with friends and family.

Changing Clothes and Post-race Showers

Please note, restrooms inside the brewery are NOT to be used for changing clothes. Please respect this request from our hosts to minimize wait times and keep restrooms available throughout the morning.

If you'd like to change clothes, locker rooms and showers are available after the race at **River Valley Athletic Club** [1826 Northwestern Avenue](#). It's a short walk from Lift Bridge Brewing!
Bring your own towel and show your bib, then get out and enjoy Stillwater!

Download Our Tracking App

Run Stillwater offers race results and tracking using our mobile app available in the [Apple App Store](#) and [Google Play](#). The app will be updated with everyone's name and bib number just before race day to accommodate for late registrations. If you have a bib, you'll be in the app.

The app provides live results, allowing participants to see their performance seconds after crossing the finish line. Spectators can track the progress of participants on the course and stay updated via Race Update notifications, interactive course Maps, and real-time Leaderboards. Download it now and get set up before race day.

Weather Considerations:

Runner safety is our number one priority. It is expected to be warm, but pleasant weather on Saturday. We will have plenty of water and Gatorade available and lots of ice and cold water stocked at the finish. We are in direct contact with the National Weather Service in the Twin Cities and area meteorologists to track conditions and have 50 course marshals and public safety officers stationed throughout the course to help runners in good weather and bad. Our medical team is available to help should you need any assistance. The race will occur rain or shine. Any updates will be communicated to runners via our website, social sites (Facebook and Instagram) and email.

Results

Find race results online at www.mtecreresults.com. There is a link on the race website to access results as soon as possible after the event. Top three finishers in each 5-yr age group will receive personalized

awards with your name, place, distance and time mailed via USPS after the race. We will not have an awards ceremony.

Social Media!

- Our Instagram is **RunStillwater**.
- Look for finish line photos on our **Facebook** page and share them with family and friends
- Tag your photos with #LiftBridgeRace and #runstillwater

Words to Run by

Course etiquette is a must for an urban race like this. Keep these things in mind.

- Stay alert to your surroundings. Watch for directions from public safety and course marshals.
- Streets are NOT closed. Stay within the coned areas on the side of the road for your safety and be aware of vehicles and others on the roadway.
- Please adhere to rules about headphones. You are welcome to listen to your music, but we ask that you keep one ear clear to stay aware of your surroundings.
- Pets are NOT allowed on the course. You may see animals with other runners because service animals are welcome along with their respective humans/handlers.
- If you are injured or cannot finish the race, please stop and ask for assistance at the closest Aid Station. They can help connect you to race staff or emergency services, if needed.
- Lastly, please thank our wonderful volunteers from:
 - Stillwater Kiwanis Club (Aid Station #1)
 - Chesterton Academy of the St. Croix Valley (Aid Station #2)
 - Hudson High School Boys Track & Field (Aid Stations #3, #4, #6)
 - The Gateway Brown's Creek Trail Association (Aid Station #5)
 - Susan G Komen 3-Day (Finish Line Support)
 - River Valley Christian Church (All Course Marshalling)

Discover Stillwater This Weekend

There's always a lot going on in Stillwater on a summer weekend.

Stick around Lift Bridge Brewing on Saturday. Slushie Fest begins at noon through 7:00p.m. QautoCarnes food truck will serve up some hearty food all afternoon, and Lil' Boot Line Dancing is happening from 6-9:00 p.m.

Find more events happening Saturday, June 27 and Sunday, June 28 at [Discover Stillwater!](#)

Thank you for your participation and best of luck!

See you soon!

Run Stillwater 2026 Staff

And Finally...

We really hope you have so much fun this Saturday, you'll make immediate plans to join us again.

Our next race is the multi-state [St. Croix Crossing Half Marathon](#) on July 25. The deadline for personalized bibs and choosing Mail My Packet is tomorrow, Sunday June 28, at MIDNIGHT.

The Crossing race starts in western Wisconsin and ends in downtown Stillwater at the foot of the Lift Bridge. We hope to see you on the next roster!