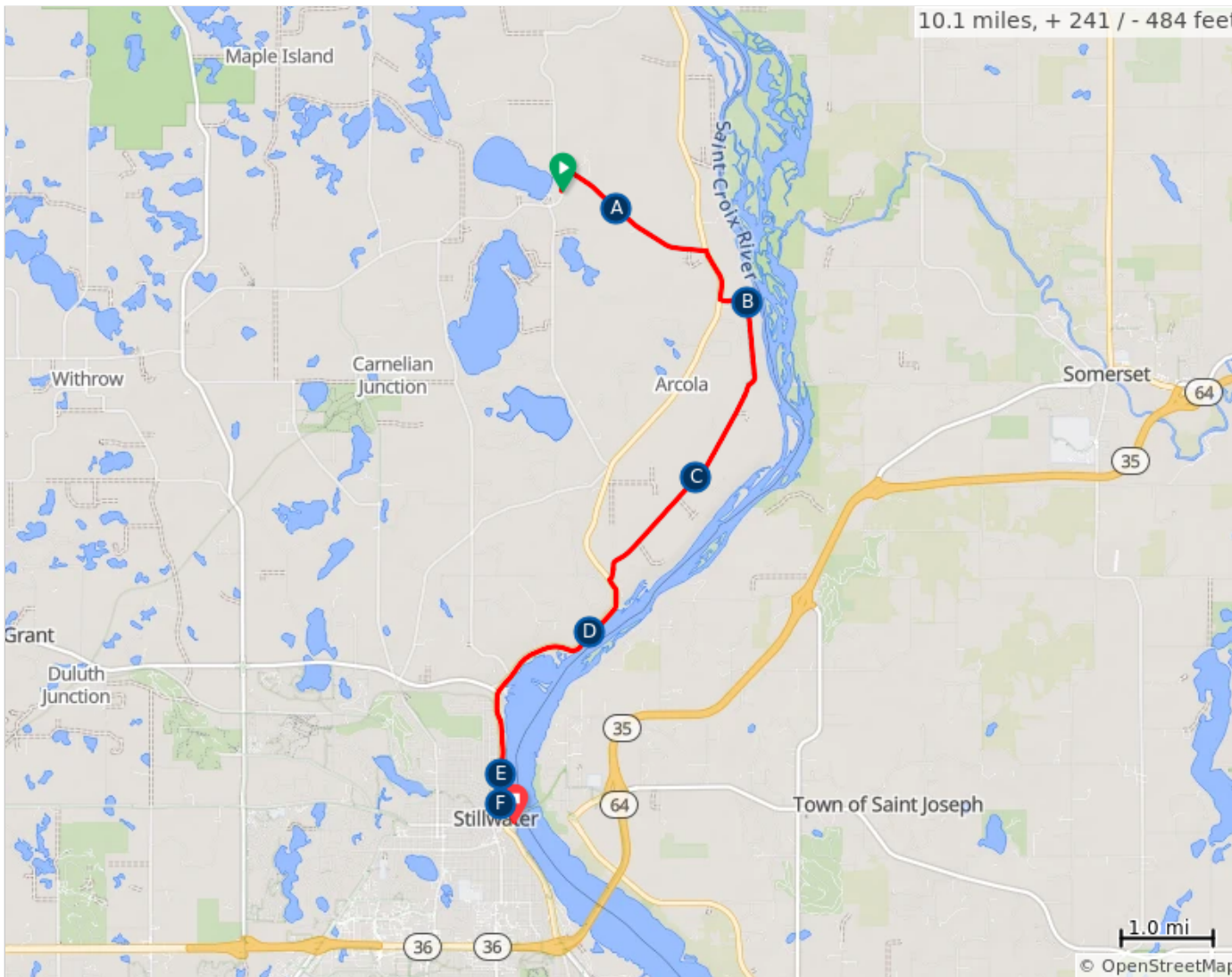


LRHM2026 - 10 Mile



Start is inside Squ. Lake Park. USATF course certification is 10 miles



- A. Aid Station #1 (HM Mile 4)
- B. Aid Station #2 (HM Mile 6)
- C. Aid Station #3 (HM Mile 8)
- D. Aid Station #4 (HM Mile 10+)
- E. Aid Station #5 (HM Mile 12+)
- F. River Siren Brewing Co

