Personalized Race Information: August 9 Gopher to Badger Race

Get set for a great weekend! You're registered for Gopher to Badger August 9. Please read for important information and changes. You may look up your bib number as you enter Packet Pickup. Look for notebooks with runners listed alphabetically.

Packet Pickup: You have two options

Friday from 3:00 to 8:00 p.m. (Highly Recommended): Public Lands, Woodbury Lakes retail store. 9160 Hudson Rd., Woodbury, MN 55125. All runner picking up at Public Lands are eligible to enter a drawing for a pair of running shoes and entry in a Run Stillwater race in 2026! The winner will be announced at the finish, Saturday morning.

Saturday beginning at 5:20 a.m. St. Croix County Government Center, <u>1101 Carmichael Rd., Hudson</u>. You'll find us in a large tent on the southeast corner of the parking lot.

NOTE: Packet pickup and shuttles to the start areas are available **ONLY** from this location.

Changing Distances

You may change your distance at packet pickup. <u>Get your bib first</u> then come to the Changes table to make the switch. Moving up in distance, you pay the difference. There is no charge for moving down in distance.

In-Person Registration and Will Call

Registration is available at packet pickup for any buddies who decide to join you at the last minute. In addition, Will Call registration is available online until noon Friday, August 8. See the website for details.

Download Our Tracking App

Run Stillwater offers race results and tracking using our mobile app available in the <u>Apple App Store</u> and <u>Google Play</u>. Participants are uploaded to the app 2-3 days ahead of the race. Be patient if you don't see your bib number right away.

The app provides live results, allowing participants to see their performance seconds after crossing the finish line. Spectators can track the progress of participants on the course and stay updated via Race Update notifications, interactive course Maps, and real-time Leaderboards. Download it now and get set up before race day.

Race Day Information

Parking, Shuttles to Starts and from Finish Area Back to Parking

- Parking is available at <u>Hudson Middle School and Hudson Prairie Elementary</u> 1300 Carmichael Rd., <u>Grandview Park</u> and the St. Croix County Government Center. Parking attendants will help guide you as you arrive. NOTE: DO NOT PARK at the Prairie View Center mall south of Grandview Park
- We strongly recommend you use the shuttle system. However, half marathoners may park at the
 Washington County Fairgrounds, but no shuttle will be available to take you back to your vehicle. If this
 is your choice, plan your own transportation back to your car
- No parking or drop off is available at the 10K and 5K start areas. You must take the bus.

Buses to the Starts - 5:25 a.m. to 6:30 a.m. SHARP

Boarding is on Carmichael heading southbound in front of the St. Croix County Government Center on the west side of Carmichael Rd. Signs mark the distance locations of each bus. Shuttles are also marked with each

distance; please check as you board the bus. Due to the City of Hudson's downtown parking concerns, parking and shuttles to the start lines will be provided **ONLY from this location.**

Buses from the Finish

Shuttles from Lakefront Park **AFTER** the race will board adjacent to the park on 1st St and Locust. Buses will run continuously taking runners back to Grandview Park beginning when the first runners reach the finish area and ending at 10:30, or shortly after the last runner crosses the finish line. If you choose to stay in the downtown Hudson area after the race has ended, please make plans accordingly.

Start Line Information: There will be water, portapotties and bag drop at each start

All distances begin at 7:00 a.m. SHARP!

Bag Drop: At the Starts

- All Bag Drop items must be in a bag
- Bags are provided at each start and are clear and 15" x 18"
- Place your Bag Drop tag INSIDE the bag so it is visible. Race bibs have a tear-off tag with your bib number for this purpose
- Your race bib and Bag Drop tag must match to pick up your items
- Bag Drop pick-up is at the finish beginning no earlier than 7:45 a.m. to allow for soring. It will be staffed until approximately 10:30 a.m.
- Run Stillwater, Inc. is not responsible for lost or damaged items left in Bag Drop

Pacers

Pacing at the half marathon is provided by Midwest Pacers. Pacing times are:

1:40

1:50

2:00

2:10

2:20

2:30

Course Information

<u>Please note</u>, the courses will be well marked and marshal staff and public safety will help guide you, but it is the runner's responsibility to be familiar with the route. Detailed course maps are available on the website.

<u>All Distances</u>: Portapotties are located at approximately every two miles throughout the course. Water and Gatorade is available at each aid station

<u>Half Marathon</u>: The Half course has six aid stations at *approximately* two-mile increments (2, 4, 6, 8, 10 and 12)

10K Race: The 10K course has three aid stations

5K Race: The 5K course has one aid station

Finish Information

The finish area is in Lakefront Park in downtown Hudson along the St. Croix River. Post-race recovery food and liquids for runners include bottled water, Gatorade, bananas, oranges, and salty snacks are available for runners.

Take some time to visit our sponsors and some vendors at the finish line. Our official running store, Wild River Running in Stillwater will be onsite (weather permitting) with shoes and some running gear you won't want to miss. Store hours this weekend – open until 8:00 Friday, Agu. 8; and opening at 8:00 a.m. Saturday morning. 224 Chestnut St., Stillwater

Inaugural Kids Fun Run!

By popular demand, we're adding a <u>Kids Fun Run at the Gopher to Badger race</u>. Kids 10 and under are welcome to participate. Kids get a bib number of their own and cross the official finish line to receive their finisher "medal" (okay, it's silicone for safety but cool none the less.) Their medal hangs on a wide custom ribbon too. The Kids Fun Run closes out the event with a start time of 11:00.

The kid's course is entirely within Lakefront Park so it's super safe for all. An adult is allowed to run along as kids cross the finish line, just like everyone else. <u>Sign-up online</u> before the race (\$21) or in-person at Packet Pickup on Friday and at the finish line beginning at 8:00 a.m. race morning. Find more details in the description on the website. Space is limited, sign up early!

Spectators

Friends and family are welcome to cheer you on along the course. Recommended observation locations are noted on the course map. Please note, roads are not closed for the race. Do not block traffic and please stay out of roadways. Inquire at packet pickup for further details if needed. The finish line area has plenty of space and good vantage points to view runners crossing the finish line.

Exchanging Shirt Sizes After the Race

Shirt size exchange is located at the finish area downtown after the race. Note, shirt size exchange is only available after the race and at this location. If you would like to exchange your shirt, put it in bag drop to have it with you at the finish.

In-person and Will Call registrants may pick up their shirts at the same location. We will have your forms and sign-up information. All you need is your bib number to pick up a shirt.

Weather Conditions

It is possible we will have rain and gusty winds on Saturday. As always, we monitor conditions with the National Weather Service and work closely with emergency services and public safety to ensure a safe race. Please take whatever precautions you feel are needed to be prepared for the conditions.

Celebrate! Come for the Run. Stay for the Fun

In addition to the smartphone app, race results are available at Mtec Results and accessible on a smartphone, tablet or computer. We will post links to results on the Run Stillwater website as soon as possible after the event.

Age-Group Awards — We will not hold an awards ceremony. Top three finishers in each age category will receive personalized awards mailed after the race to commemorate your accomplishment. Age/gender categories are in 10-year increments from zero to nine (e.g., 10-19, 20-29, 30-39, etc.)

Post-Race SHOWERS! Available after the race at **River Valley Athletic Club** <u>1826 Northwestern</u> <u>Avenue</u>, Stillwater – around the corner from Lift Bridge Brewing's Stillwater taproom! *Bring your own towel and show your bib*, then get out and enjoy Stillwater!

Lift Bridge Brewing Co. beverage BOGO coupons are redeemable at the brewery's taprooms: 1900 Tower Drive in Stillwater and 1280 Madison Avenue, New Richmond. Tasty non-alcoholic options are available. Taprooms open at noon on Saturdays.

Finish Line Photos

Photos taken along the course and at the finish are available to download at no charge. Find your video finish and photos on the Mtec Results website along with your results and linked on our Facebook page. In addition, a time clock at the finish will show your name and time to take pictures of your own.

Social Media!

- Facebook @RunStillwater
- Instagram Run Stillwater
- Snapchat RunStillwater
- X @RunStillwater

Thank you for running with us and best of luck!

Run Stillwater 2025 Staff