Race Weekend Info: Stillwater Half Marathon, May 24, 2025

Get set for a great weekend! READ CAREFULLY

NOTE: If this same email address was used for more than one registration, only one email will be sent. **You can look up your bib number at packet pickup.**

COURSES ARE ALL NEW THIS YEAR. See the website for maps of the new routes.

Packet Pickup: You have two options

(Recommended) Friday from 3:00 to 8:00 p.m. at the Water Street Inn, 101 Water Street South in Downtown Stillwater.

Saturday beginning at 5:20 a.m. also at the Water Street Inn

See the website for a full list of runner perks.

In-Person registration and Will Call

Registration is available at packet pickup for any buddies who decide to join you at the last minute. In addition, Will Call registration is available online until noon Friday, May 23. See the website for details.

Get the scoop about race day

We "pack" packet pickup with all kinds of race information.

- Check out the course maps
- See where you'll catch the shuttle
- Get fit at the Asics shoe demo, courtesy of Wild River Running Stillwater's own local running store. Just 1½ blocks west of the Water Street Inn at 224 Chestnut St. They'll be open late Friday to help with all your last-minute race needs.

Changing your distance

You may change your distance at packet pickup. Get your bib FIRST, then come to the changes table and we'll record the information. There is no charge to run a shorter distance. If you'd like to move up in distance, you'll just pay the difference.

Shirt Size Exchanges?

Only after the race. We order what you ask for. Bring your clean shirt back to packet pickup after the race to exchange it if the size you want is available.

Download Our Tracking App

Run Stillwater offers race results and tracking using our mobile app available in the Apple App Store and Google Play. The app provides live results, allowing participants to see their performance seconds after crossing the finish line. Spectators can track the progress of participants on the course and stay updated via Race Update notifications, interactive course Maps, and real-time Leaderboards. Download it now and get set up before race day. Bib numbers are uploaded during race week. If you don't see yours, check back later.

Race Day Information

Parking

Parking the morning of the race is available throughout downtown Stillwater. See recommendations on this map of the downtown area, and go to the website for answers to frequently asked questions.

Start Time

All races begin at 7:00 a.m. SHARP - Last bus leaves at 6:30 a.m. SHARP

Buses: 5:45 to 6:30 a.m.

YOU MUST TAKE THE BUS. The courses are all new in 2025 and all start locations are different than in previous years.

Look, we don't like telling people what to do. We know ya don't want to, but please, be a part of the solution and take the bus.

Buses are marked for each start location. Check before you board to be sure you are headed to the right spot. Shuttles begin at 5:45 a.m. running continuously until the last bus at 6:30 a.m. SHARP.

- Buses load on <u>Mulberry Street</u> north of the Water Street Inn (Visible from the front step of the hotel.)
- Water and portapotties are available at the start locations

Bag Drop is available at each start. Details are...

- Bags are **provided at each start** and are clear and 15" x 18"
- All Bag Drop items must be in a bag
- Race bibs have a tear-off tag with your bib number to be used for Bag Drop. Place it inside the clear bag provided and visible from the outside
- Your race bib and Bag Drop tag must match to pick up your items
- Bag Drop pick-up is staffed at the finish area until approximately 10:45 a.m.
- Run Stillwater, Inc. is not responsible for lost or damaged items left in Bag Drop

Spectators!

Friends and family are welcome to cheer you on at the race. The routes, however, don't easily accommodate crowds. We recommend staking out a spot at the finish line to share the achievement of getting that finisher medal.

Course and Post Race Information

Race Safety

Courses are marked with cones and signage. Roads are *not* closed for the event. Stay alert and inside coned areas for the safety of all participants. The course and finish area are fully staffed to assist with medical needs.

Each water station is staffed by volunteers and has Gatorade and water available, plus portapotties at or nearby. Each station has tables; one with Gatorade and one with water.

Half Marathon

The Half Marathon course has six water stops at approximately two-mile increments (2, 4, 6, 8, 10, 12)

10K Race

The 10K course has three water stops

5K Race

The 5K course has one water stop at approximately Mile 1.6

Finish Information

The finish area is at **Pioneer Park** on the bluff overlooking the St. Croix River.

Post-race refreshments include bottled water, Gatorade, bananas, oranges and salty snacks.

In addition to the smartphone app, race results are available at Mtec Results and accessible on a smartphone, tablet or computer. We will post links to results on the Run Stillwater website as soon as possible after the event.

We will not hold an awards ceremony. Top three winners in each age category will receive personalized awards mailed after the race to commemorate your accomplishment.

Post-Race SHOWERS! Available after the race at River Valley Athletic Club <u>1826 Northwestern</u>
<u>Avenue</u>, Stillwater – around the corner from Lift Bridge Brewing's Stillwater taproom! *Bring your own towel and show your bib*, then get out and enjoy Stillwater!

Stick Around Stillwater After the Race

Stillwater is stellar in the summertime. Make plans to stay after the race. Grab breakfast with family and friends. Do a little shopping and enjoy the river views throughout downtown.

Check out Wild River Running at 224 Chestnut Street, just 1½ blocks west of the Water Street Inn.

Lift Bridge Brewing Co. beverage BOGO coupons are redeemable at the brewery's taprooms: 1900 Tower Drive in Stillwater and 1280 Madison Avenue, New Richmond. Tasty non-alcoholic options are available. Taprooms open at noon on Saturdays.

Finish Line Photos

Pics of the race and your photo finish are free and available for download. See the Run Stillwater website after the race for details.

Social Media!

- Facebook
- Instagram
- Look for finish line photos on our **Facebook** page and share them with family and friends

Thank you for your participation and best of luck!

Run Stillwater 2025 Staff