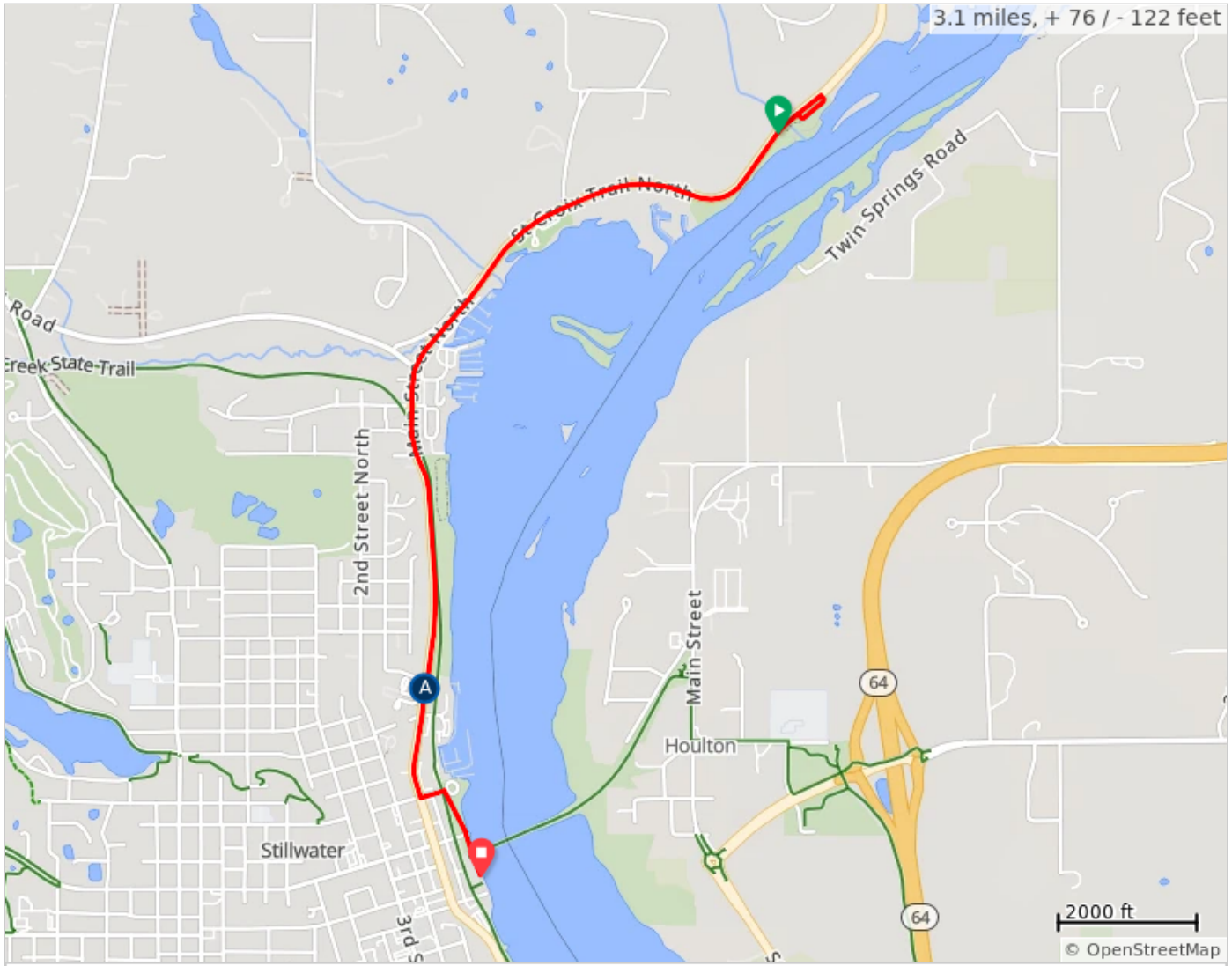
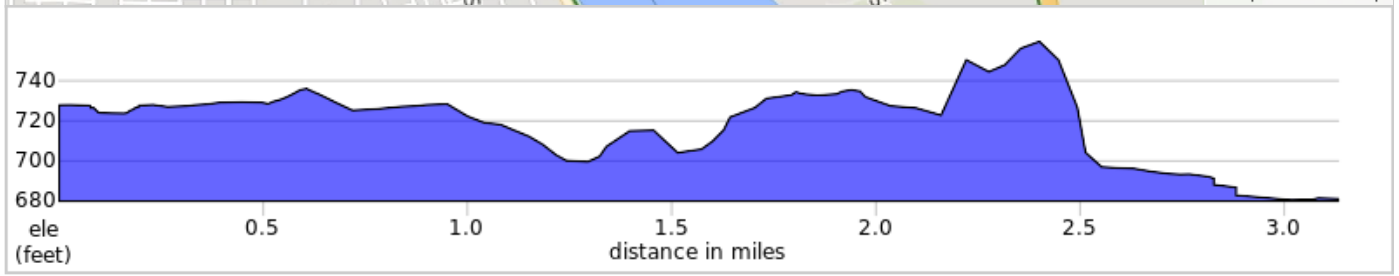
LRHM2025 - 5K





A.	Aid Station #1 (HM Mile 12+)