

LIFT BRIDGE ROAD RACES

10M - 10K - 5K
JUNE 29, 2019
BAYPORT, MN



■ Aid Station: Gatorade & water
(portable restrooms along the
course but not at aid stations)

① Mile Mark

Lift Bridge Road Race

Race Start Time

5K 7:00 a.m.

10K 7:10 a.m.

10M 7:30 a.m.

