



LIFT BRIDGE ROAD RACES

10 MILE - 10K - 5K
JULY 28, 2018
BAYPORT, MN



-  Aid Station: Gatorade & water (portable restrooms along the course but not at aid stations)
-  Mile Mark

Lift Bridge Road Race

Race Start Time

- 5K 7:00 a.m.
- 10K 7:10 a.m.
- 10M 7:30 a.m.

